# Cathepsin B and Cathepsin L Activity Levels in Different Types of Human Brain Tumors

# İnsan Beyin Tümörlerinde Katepsin B ve Katepsin L Aktivite Düzeyleri

Hüray İŞLEKEL<sup>1</sup>

Sertac İSLEKEL<sup>2</sup>

Gül GÜNER<sup>1</sup>

Eren DEMİRTAŞ3

#### Abstract

Cathepsin B and cathepsin L are the major cysteine endopeptidases found mainly within the lysosomes of almost all mammalian cells. Besides their physiological role in the turnover of intrinsic cell proteins and extracellular proteins, these proteinases are implicated in the degradative processes of tumor invasion and metastasis. In this study, the specific activities of these enzymes were examined spectrophotometrically in normal human brain tissue (n=10) and tissues of three series of histopathologically diagnosed brain tumors; meningioma (n=16), glioblastoma multiforme (n=17) and metastatic carcinoma (n=10). Benzoylalanine-arginine-arginine-4-methoxy-2-naphthylamide (pH 6.2) and benzoyl-phenylalanine-arginine-4-methoxy-2naphthylamide (pH 3.5) were used as synthetic peptide substrates for cathepsin B and cathepsin L respectively. Specific activities of cathepsins B and L were expressed as nanomoles of substrate hydrolyzed per minute per milligram of protein (nmoles min-1 mg-1). The specific activities of cathepsins B and L were highest in metastatic brain tumor, lower in glioblastoma and lowest in meningioma when compared to normal brain tissue. Statistically significant elevated cathepsin L activities were observed in metastatic tumor tissues (250.7±6.9) when compared to glioblastoma (99.0±14.6), meningioma (83.3±14.2) and normal brain tissue (74.3±2.2) (p<0.05). The cathepsin B activities were found to be significantly higher in metastatic tumor tissues

(250.0±15.6) in comparison to normal brain tissue (44.9±1.6) (p<0.05). In conclusion, it can be stated that the activities of cathepsins B and L in human brain tumor tissues might serve as a criteria in the investigation of the invasive potential of the brain tumor.

Key Words: cathepsin B, cathepsin L, tumor, meningioma, glioma, metastasis

#### Özet

Katepsin B ve L hemen tüm memeli hücre lizozomlarında bulunan temel sistein endopeptidazlardandır. Hücre içi ve hücre dışı proteinlerin parçalanmalarındaki fizyolojik rollerinin yanısıra, bu proteinazlar tümör invazvon ve metastazındaki degradatif olavlardan sorumlu tutulmaktadır. Bu çalışmada, normal beyin dokusunda (n=10) ve üç farklı histopatolojik tipte beyin tümöründe; menenjiom (n=16), glioblastoma multiforme (n=17) ve metastatik karsinomda (n=10) katepsin B ve L aktiviteleri spektrofotometrik yöntemle incelendi. Sentetik substrat olarak, katepsin B için, benzoil-alanın-arjinin-arjinin-4metoksi-2-naftilamid (pH 6.2), katepsin L için ise benzoilfenilalanin-arjinin-4-metoksi-2-naftilamid (pH 3.5) kullanıldı. Enzim spesifik aktiviteleri mg protein başına dakikada hidroliz edilen nanomol substrat miktarı olarak ifade edilmektedir. Her iki proteinazın aktiviteleri normal beyin dokusuna kıyasla, sırasıyla metastatik tümörlerde, glioblastoma multiforme ve menenjiomda daha yüksek

Dokuz Eylül University Faculty of Medicine Department of Biochemistry Narlıdere İzmir, 35340

Ege University Paculty of Medicine Department of Neurosurgery Bornova Izmir, 35100 Ege University Faculty of Medicine Department of Pathology Bornova Izmir, 35100

olarak bulundu. Katepsin L aktiviteleri, glioblastom (99.0±14.6), meninjiom (83.3±14.2) ve normal beyin dokusu (74.3±2.2) ile karşılaştırıldığında, metastatik beyin tümörlerinde (250.7±6.9) istatististiksel olarak daha yüksek bulundu (p<0.05). Katepsin B aktivitelerinde ise sadece metastatik beyin tümörleri (250.0±15.6) ile normal beyin dokusu (44.9±1.6) arasında istatistiksel olarak anlamlı fark tespit edildi. Sonuç olarak; beyin tümör dokularında katepsin B ve katepsin L aktivitelerinin belirlenmesi tümörün invaziv karekterinin incelenmesinde potansiyel bir kriter olarak kabul edilebilir.

Anahtar Sözcükler: katepsin B, katepsin L, tümör, menenjiom, gliom, metastaz

### INTRODUCTION

Cathepsins are lysosomal proteolytic enzymes participate in various physiological processes such as turnover of intrinsic cell proteins and extracellular proteins, hormone action and inactivation, growth and ageing, fertilization, memory, modelling, tissue resorption, degradation of endocytosed material, and creation of immunologically recognizable molecules. In addition, cathepsins play an important role in a number of pathological situations such as muscular dystrophy, cachexia, multiple sclerosis, diabetes, cancer, and ischemia-reperfusion injury (1-3). In the last decade, there are several investigations related to the activities of these enzymes in different pathologies of the brain tissue (4-7)

Invasive and metastatic properties and recurrence at the site of initial lesion are the major problems in the study of the tumorigenic process. To invade the surrounding tissue, tumor cell needs passage through the biological barriers mainly the extracellular matrix (ECM) of the host tissue. It has been proposed that tumor cell migration through the extracellular matrix may be facilitated by the secretion of proteolytic enzymes, which may partially degrade elements of ECM (8). Members of the proteinase super-family, particularly the lysosomal cysteine proteinases cathepsin B (CB) and cathepsin L (CL) are reported to be the major proteolytic enzymes involved in the invasion and metastatic processes (8,9). If these lysosomal proteinases, which are normally safely sequestered behind the lysosomal membranes, become

released either into the cytoplasm or extracellular matrix, they can cause major damage as seen with invasion and metastasis of malignant tumors (10). Studies on human tumor tissue specimens as well as tumor cell lines revealed elevated levels of activity or overexpression of cathepsin B and/or cathepsin L (11-14). Positive associations between increased cathepsin activities as well as their expression and tumor invasion have been noted in human glioma and meningioma tissues (5,8,15-18). At present, there is no previous study comparing cathepsin activities with benign, malignant and metastatic brain tumors. In the current investigation, we aimed to determine the activities of the two important cysteine proteinases CB and CL in human brain metastatic carcinoma, glioblastoma multiforme, meningioma and normal brain tissues, with the objective of comparing these parameters in the most commonly encountered human brain tumors. The enzyme determinations were performed on tissue extracts following homogenization and cold extraction to release these enzymes out of the lysosomes.

#### MATERIALS AND METHODS

## Patients and Tissue Samples

Tumoral tissue samples were obtained from the Department of Neurosurgery, Ege University Medical School within one hour after surgical intervention between January 1997 and September 1997. All samples were examined and diagnosed histopathologically. The study group consisted of meningioma (n=16), glioblastoma multiforme (n=17) and metastatic brain tumors from primary lung carcinoma (n=10). Normal brain tissues (n=10) were obtained at autopsy within a maximum of five hours following death.

This study met the criteria of the local ethical committee.

All samples were freed of blood and visible blood vessels, thoroughly washed in 0.9% NaCl and immediately stored at -20°C before analysis.

#### Preparation of Tissue Extracts

The frozen tissues were minced and thawed on

ice, and macroscopically homogeneous pieces of tissues (0.1g) were cut out of the specimens. Ten percent tissue homogenates (w/v) prepared in ice-cold distilled water using a glass Teflon homogenizer (B.Braun Welsungen, W Germany), were frozen and thawed three times for cold extraction. The tissue extracts thus obtained were centrifuged at 17,000 x g for 50 min at +4°C using a Centrikon T 1180 (Cedex France).

# Biochemical Analysis of Cathepsin B and L

Cathepsin B and L activities were determined by the spectrophotometric method of Shuja (19). The principle of the method depends on the hydrolysis of the synthetic peptide substrates by CB and CL in the sample at 37°C and the formation of color with fast blue B. Benzoyl-alanine-arginine-arginine - 4 methoxy-2-naphthylamide (Z-Ala-Arg-Arg-MNA) (pH 6.2) and benzoyl-phenylalanine-arginine-4methoxy-2-naphthylamide (Z-Phe-Arg-MNA) (pH 3.5) (Enzymes Systems Products, Dublin, CA) were used as synthetic peptide substrates for CB and CL, respectively. The pink color developed by the reaction of amino acid residues with fast blue B was measured at 520 nm. This color is proportional to the enzyme activity. The enzyme activity is determined as nanomoles substrate hydrolyzed per minute. 4methoxy-2-naphthylamine (Sigma) was used as standard. The total protein concentration was measured by the method of Lowry et al (20) using bovine serum albumin (BSA) as standard. The specific activities of cathepsins B and L were expressed as nanomoles of substrate hydrolyzed per minute per milligram of protein (nmoles min-1 mg-1).

## Statistical Analysis

All values are expressed as the mean plus or minus standard error of mean (SEM). Cathepsins B and L activities were analyzed for statistical differences between malignant and normal groups using analysis of one way ANOVA followed by the DUNCAN test.

#### RESULTS

The specific activities of CB and CL expressed as nanomoles of substrate hydrolyzed per minute per milligram of protein (nmoles min-1 mg-1) are given in Table I. Each value represents the mean ±SEM of the enzyme assay results. CB and CL activities were highest in metastatic brain tumor, lower in glioblastoma and lowest in meningioma when compared to normal brain tissue. Statistically significant elevated CL activities were observed in metastatic tumor tissues (250.7±6.9) when compared to glioblastoma (99.0±14.6), meningioma (83.3±14.2), and normal brain tissue (74.3±2.2) (p<0.05). CB activities were found significantly higher in the metastatic tumor tissues (250.0±15.6) in comparison to normal brain tissue (44.9±1.6) (p<0.05). No significant difference was observed for CB, between the metastatic tissue and other tumoral tissues.

### DISCUSSION

The present study revealed that CB and CL activities are increased in human brain metastatic carcinoma, glioblastoma multiforme, and meningioma

Table I. Specific activities of CB and CL in normal brain and tumor tissues (Mean±SEM)

	Normal Brain (n=10)	Meningioma (n=16)	Glioblastoma Multiformu (n=17)	Metastasis (n=10)
Cathepsin B <sup>1</sup>	44.9±1.6	118.1±19.5	159.6±27.6	250.0±15.6*
Cathepsin L <sup>1</sup>	74.3±2.2	88.3±14.2	99.01±14.6	250.7±6.9**

<sup>&</sup>lt;sup>1</sup>Expressed in (nmoles min-1 mg-1)

Statistically significant difference as compared to normal brain tissue group (p<0.05)</li>

<sup>\*\*</sup> Statistically significant difference as compared to normal brain, meningioma and glioblastoma multiforme tissue groups (p<0.05)

tissues compared to normal human brain tissue. For CL activities, statistically significant increment was observed in metastatic tumor tissue extracts when compared to glioblastoma multiforme, meningioma, and normal brain tissue, whereas significantly higher CB activities were found in the metastatic tumor tissue as compared to normal brain tissue. There was no significant difference between the metastatic tumor tissue and other tumoral tissues regarding the CB activities.

Sivaparvathi et al (21) have found highest levels of CL activities in glioblastoma, followed by anaplastic astrocytoma, low-grade glioma and normal brain tissues. They also showed that the expression of CL is upregulated in malignant glioma and this correlated with the malignant progression of human glioma in vivo. In a similar study, the CB activity and the protein content were observed highest in glioblastoma, lower in anaplastic astrocytoma and lowest in low grade glioma and normal brain tissue [18). The results of different immunohistochemical studies performed on various degrees of malignancy of human glioma revealed that CB plays a role in human glioma progression and invasion (4,5). These studies correlate well with our results showing increased CB and CL activities in glioblastoma multiforme. Our literature survey reveals that there are no previous reports comparing CB and CL activities with metastatic brain tumor, glioblastoma multiforme and meningioma in the same study.

The present investigation has demonstrated that both of the cysteine endopeptidases are significantly high in metastatic brain tumor tissues originating from distant organ carcinomas. The metastasizing tumor cell must penetrate the stromal tissue and the biological barriers, such as basement membranes, in order to enter and leave the circulation. Passage of a cell through such a matrix is considered to involve a three-step process: initial adherence, enzymatic degradation of the matrix components and locomotion across the barrier (22). The degradation of matrix

component occurs through proteolytic enzymes produced and released by tumor cells. Cathepsin B (CB) and cathepsin L (CL) are the major lysosomal cysteine proteinases that have been implicated in local basement membrane degradation with proteolytic processes, a prerequisite to tumor invasion and metastasis (23). In our study, the significantly higher enzyme activities observed in metastatic brain tumor compared with other studied types of tumors and the normal brain tissue for CL and the significantly higher CB activity found in metastatic brain tumors compared to the normal brain tissue support the involvement of these proteolytic enzymes in invasive and metastatic processes.

On the basis of our results, it seems that CL is more specific than CB for the discrimination of metastatic brain tumor from other tumor types. This observation is in aggreement with Kamboj et al who declared that cathepsin L has a more potent endopeptidase action compared to cathepsin B or cathepsin H in brain tissue [24].

In conclusion, it can be stated that the activities of CB and CL in human brain tumor tissues might serve as a criteria in the investigation of the invasive potential of the tumor. These results may lead further to the investigation of protease inhibitors for their possible potential in the limitation of tumor growth at a new site through blood-borne micrometastasis.

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